

# Defziff 6 Tablet

## Deflazacort (6mg) Tablet

Deflazacort is a corticosteroid used for its anti-inflammatory and immunosuppressive properties. It is commonly prescribed for conditions that require the reduction of inflammation and immune system suppression.

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### Composition (per tablet):

- **Deflazacort (6mg):** A synthetic corticosteroid with anti-inflammatory and immunosuppressive effects.
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### Indications:

Deflazacort is used for various conditions, including but not limited to:

1. **Autoimmune Diseases:**
    - Rheumatoid arthritis, lupus erythematosus, and other conditions involving excessive immune system activity.
  2. **Inflammatory Conditions:**
    - Inflammatory bowel diseases like Crohn's disease and ulcerative colitis.
    - Chronic obstructive pulmonary disease (COPD) exacerbations.
  3. **Allergic Reactions:**
    - Severe allergic conditions, such as asthma, allergic rhinitis, or skin allergies.
  4. **Management of Certain Cancer-related Symptoms:**
    - For reducing inflammation in cases of certain cancers.
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## Dosage & Administration:

- **For Adults:**
    - **Initial Dose:** Typically, 6mg to 12mg per day, depending on the severity of the condition.
    - **Maintenance Dose:** Often reduced to 4mg to 6mg per day, depending on the patient's response and medical condition.
  - **For Children:**
    - Dosage in pediatric cases is based on weight and the type of disease being treated. It is typically 0.15mg/kg to 0.3mg/kg per day.
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### Side Effects:

- **Common:**
  - Weight gain, fluid retention, and swelling (edema).
  - Increased appetite.
  - Stomach irritation, nausea, or indigestion.
  - Insomnia or mood changes.
- **Serious (rare but severe):**
  - Increased blood pressure (hypertension), diabetes, or high blood sugar levels.

If any of these serious side effects occur, contact a healthcare professional immediately.

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### Precautions:

1. **Infections:**
  - Deflazacort can suppress the immune system, making it harder for the body to fight infections.
2. **Diabetes:**

- Deflazacort can increase blood sugar levels. Diabetic patients should be monitored closely for any increase in blood glucose levels.

### 3. Osteoporosis:

- Prolonged use of corticosteroids like Deflazacort can lead to bone thinning (osteoporosis).

### 4. Gastrointestinal Issues:

- It can increase the risk of ulcers and gastrointestinal bleeding, particularly when used in high doses or for prolonged periods.

### 5. Pregnancy and Breastfeeding:

- **Pregnancy:** Deflazacort is classified as a Category C drug during pregnancy, meaning it may have harmful effects on the fetus.

### 6. Psychiatric Effects:

- Long-term use can sometimes lead to psychiatric effects such as mood swings, depression, or even psychosis.

especially in cases of fluid retention and electrolyte imbalance.

**Always inform your doctor about any other medications or supplements you are taking.**

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### Storage:

- Store at room temperature (15-30°C) in a cool, dry place.
  - Keep the medication in its original container, tightly closed, and out of reach of children.
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### Note:

- **Tapering:** Do not abruptly stop taking Deflazacort without medical supervision, as sudden cessation can cause withdrawal symptoms or adrenal insufficiency.
- **Adherence to Treatment:** Ensure adherence to the prescribed dose and follow-up with your healthcare provider to monitor the effectiveness and adjust dosage if necessary.
- This medication should only be used under the supervision of a healthcare provider, particularly for long-term therapy, to ensure safety and efficacy.

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### Drug Interactions:

- **Non-steroidal anti-inflammatory drugs (NSAIDs):**
  - Concurrent use with NSAIDs can increase the risk of gastrointestinal irritation, bleeding, and ulcers.
- **Anticoagulants:**
  - Deflazacort may affect the effectiveness of anticoagulants (blood thinners) like warfarin, increasing the risk of bleeding.
- **Vaccines:**
  - Live vaccines may be less effective, and there may be a risk of developing the infection they are meant to prevent.
- **Diuretics and Antihypertensives:**
  - Deflazacort can alter the effectiveness of blood pressure medications and diuretics,

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